

<p>How are consent and boundaries a part of a safe and happy relationship?</p>	<p>I can describe consent and boundaries. I can identify "red flags" in a relationship. I can understand how to get out of relationships I don't want to be in.</p>
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	<p>One of the most important developmental milestones for children is to learn how to have healthy, safe relationships in which they avoid risks and understand the hallmarks of responsible decision making. The focus of this lesson is consent and boundaries as part of a healthy relationship, including what to do when others don't respect these.</p>
<p>7 - 8</p>	<p>1.10 Describe the emotional, psychological, and physical consequences of rape and sexual assault. 1.9 Explain why individuals have the right to refuse sexual contact 1.1. VI w! À K D Y! Q. GU ` € and m</p>

TEACHING VALLEY

Coventry

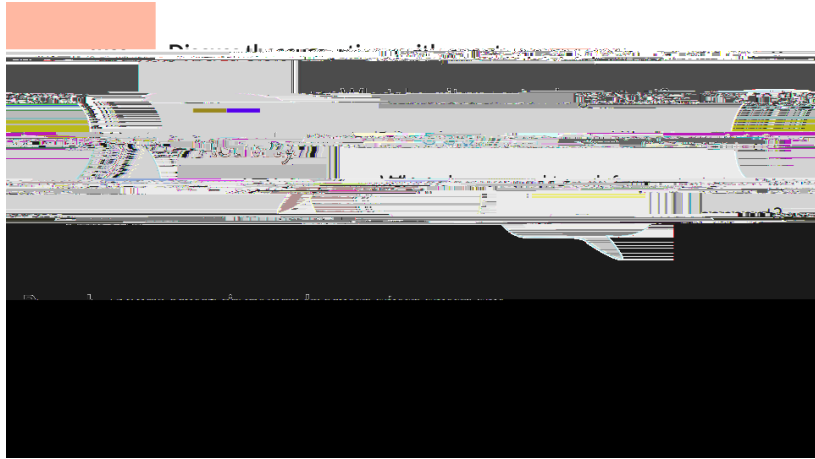
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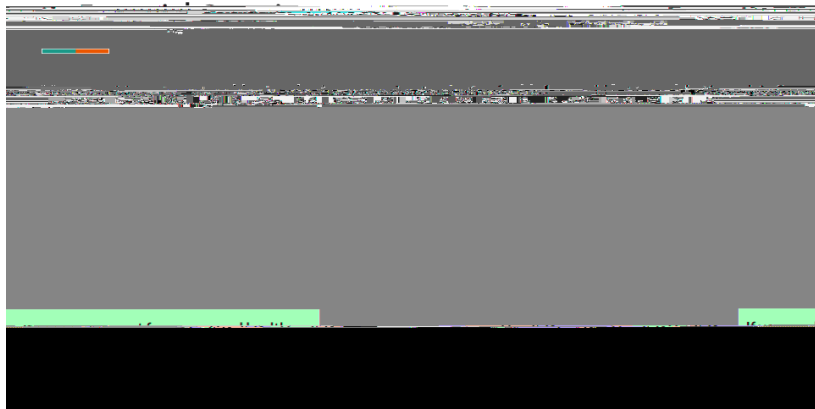


Coventry



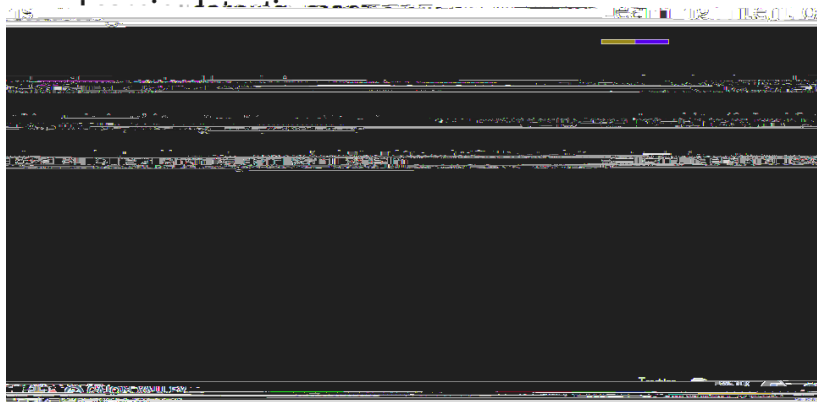


Provide time to students to discuss and write answers to these questions. These are students' first attempts to explain what they already know about consent.

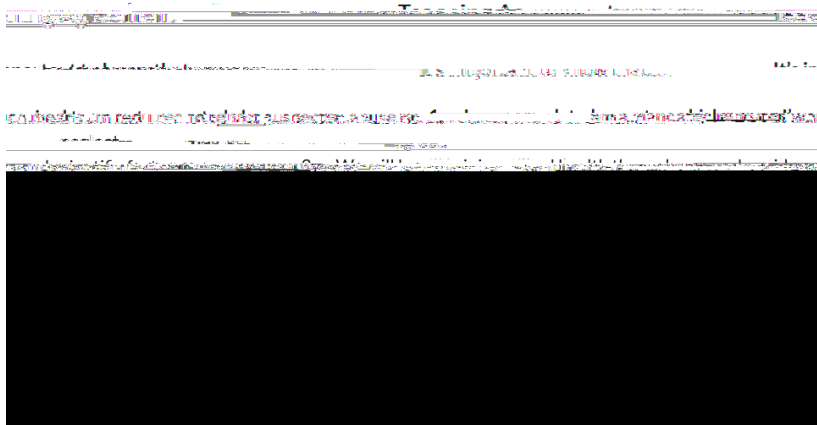


Share the Essential Question for this lesson with students. Clarify any information

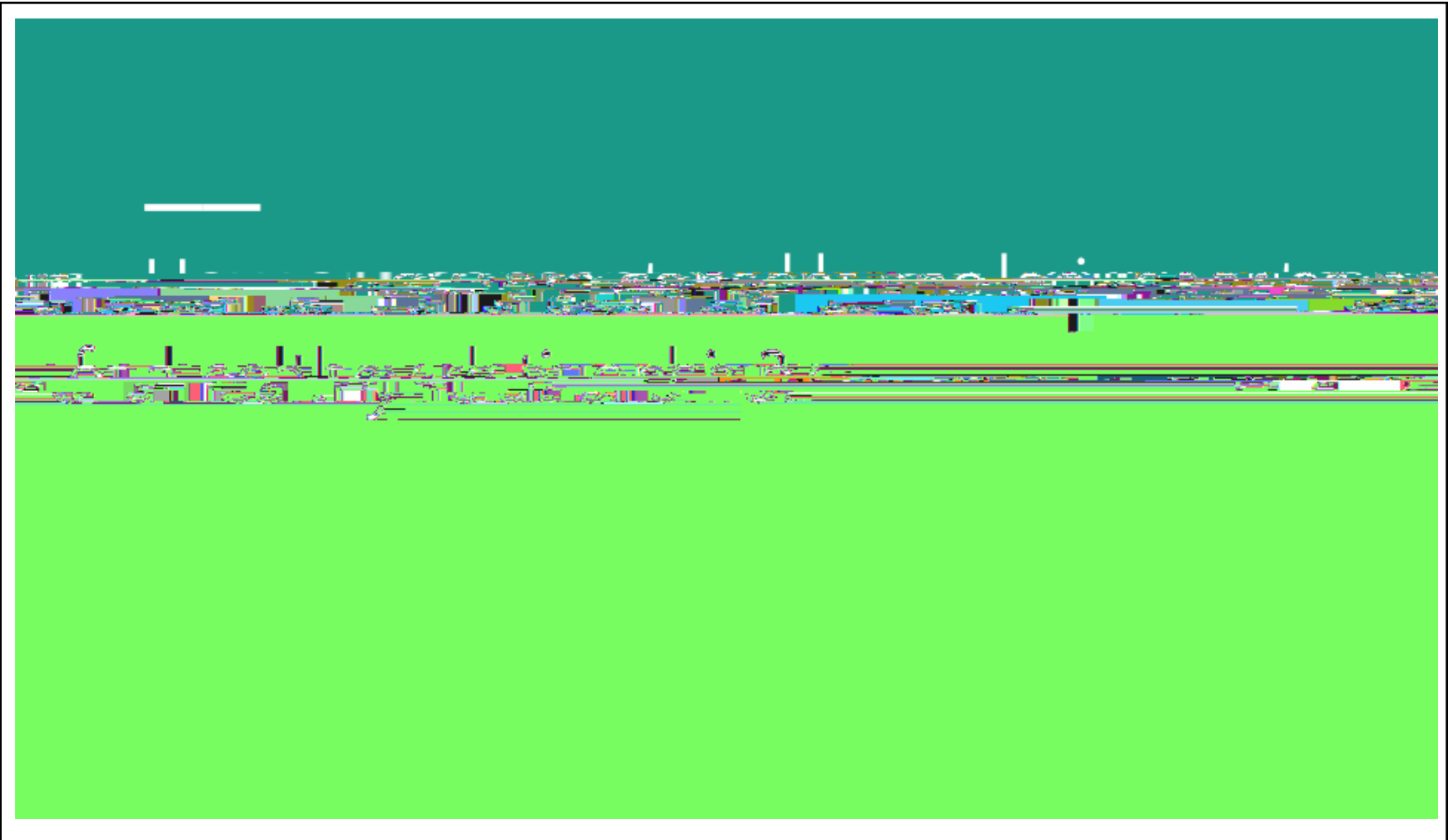
Remind students of the salmon colored box with information on where students should go if they need additional resources for their sexual health. Remind students that this information is also on the last page of their workbook for each lesson

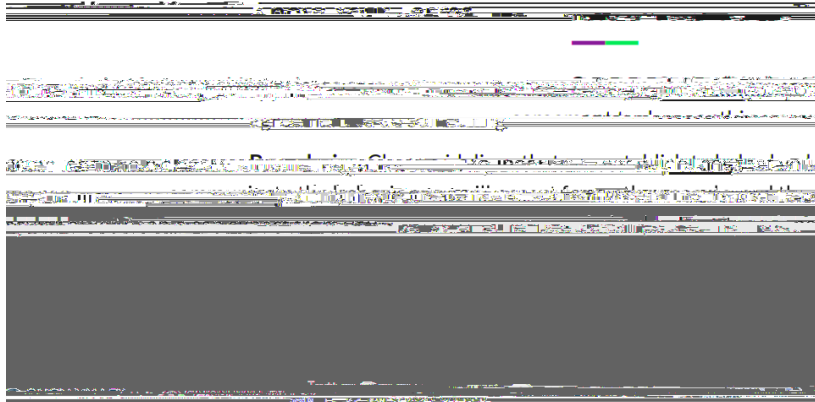


Share the Learning Intentions for this lesson with students.
Clarify any information.



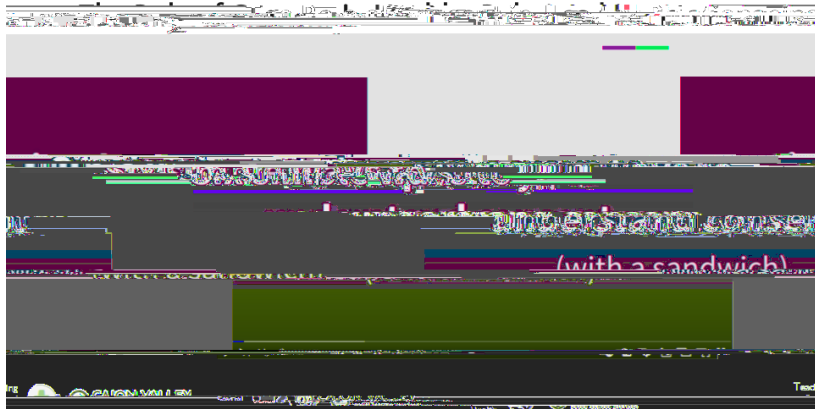
Teaching agreement is shared in each lesson. Int/





Introduce students to the definitions of consent and boundaries.

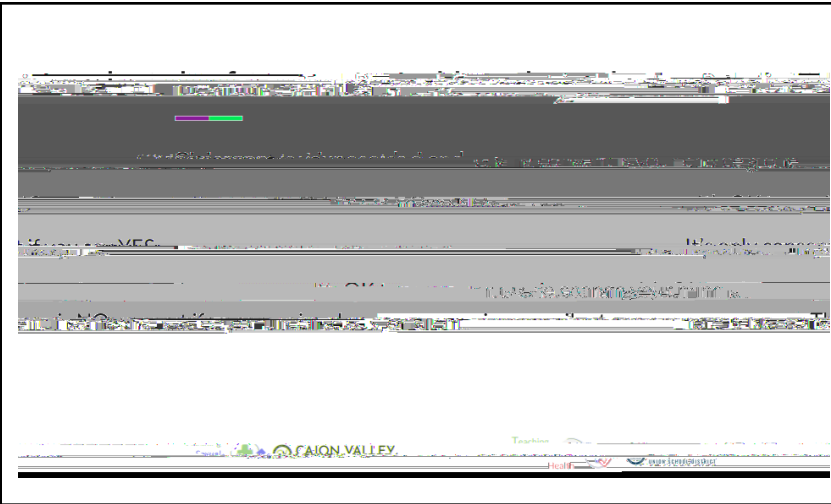
Students have a "fill-in-the-blank" section in their workbook for these terms.



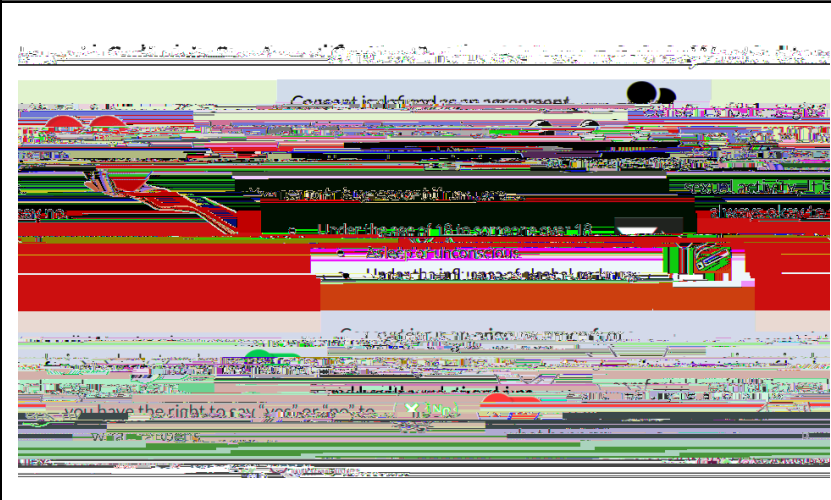
Share video with students

After watching, lead students in a discussion of the following question:

"What have you learned from this video?"

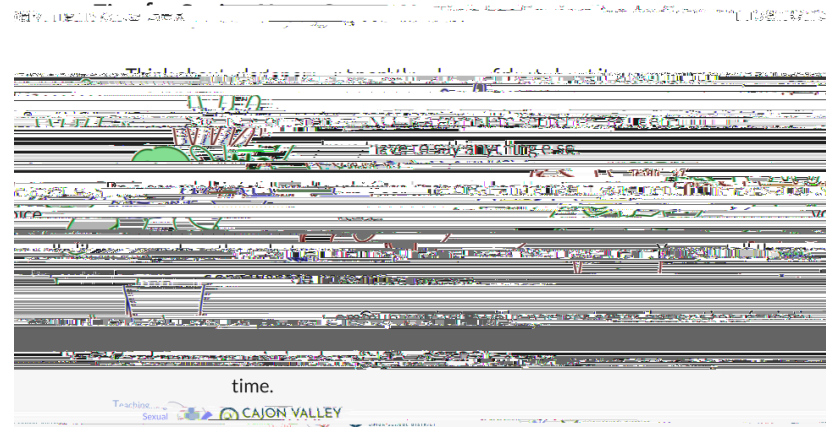


Share the examples from the video

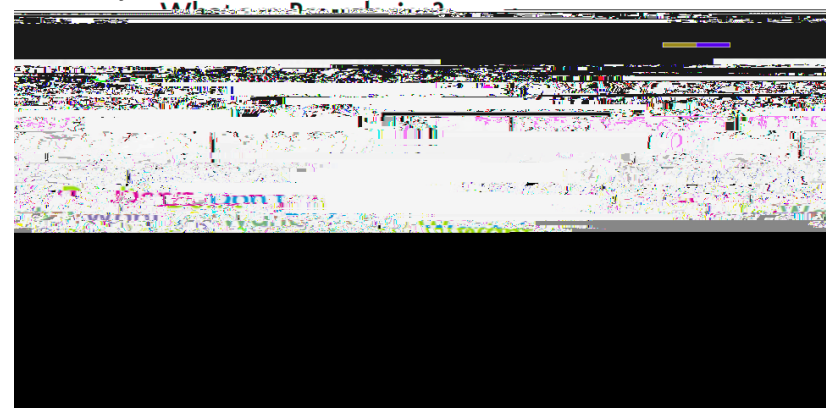


Share California's consent laws with students.

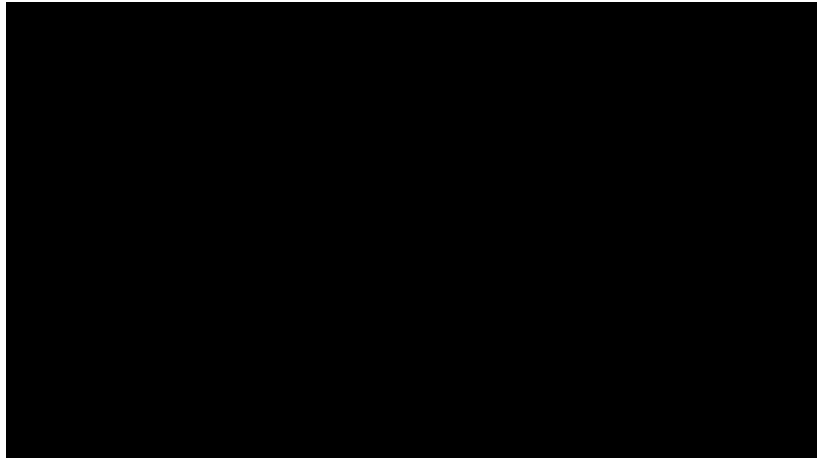
Note: These laws in California were developed to address consent in sexual relationships, but also to combat both human trafficking and cult recruitment.



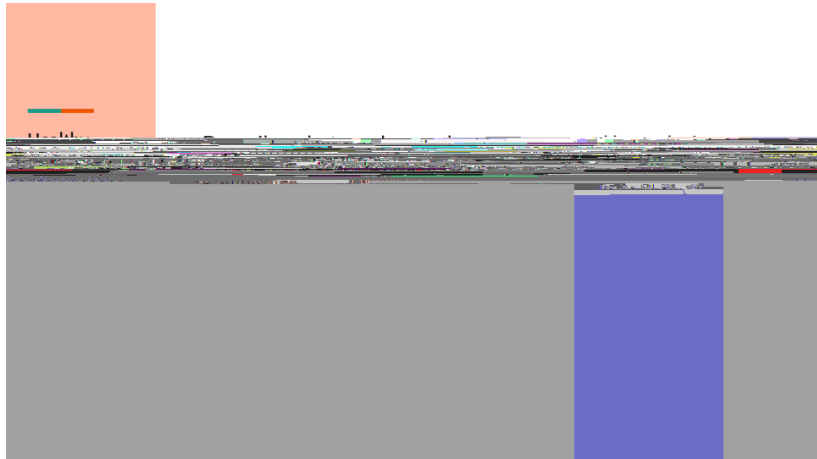
Share with students tips for refusing sex



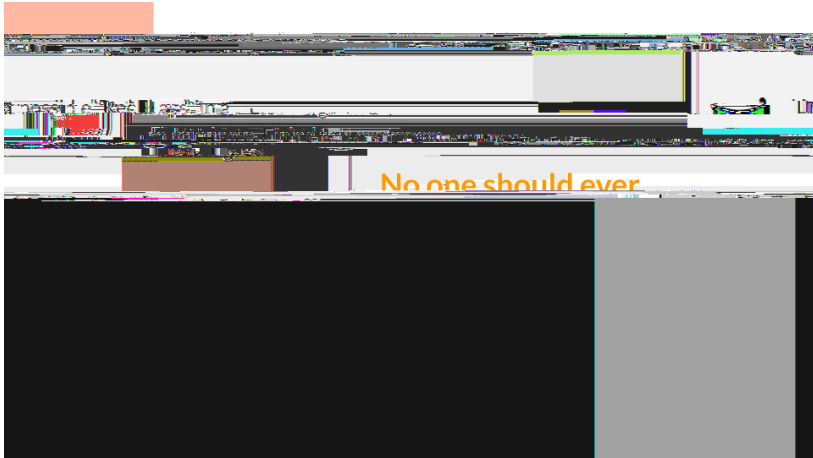
Share with students video on s¹



Reflect with students on why boundaries are important, and the steps to take to set healthy boundaries.

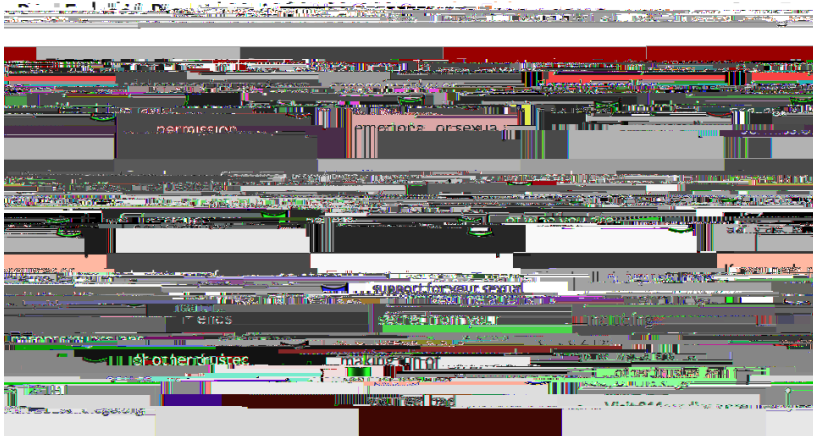


Provide time for students to describe what they've learned about consent and boundaries.



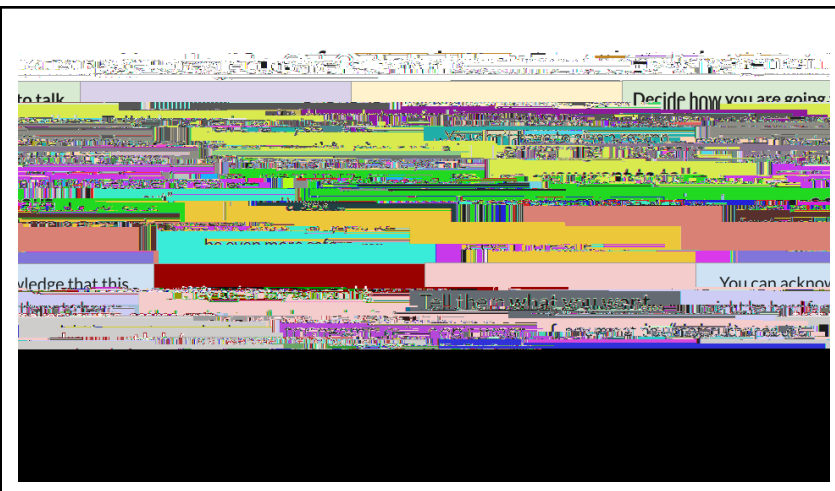
Have students work in pairs to brainstorm behaviors they think would be red flags in a relationship

No one should ever...

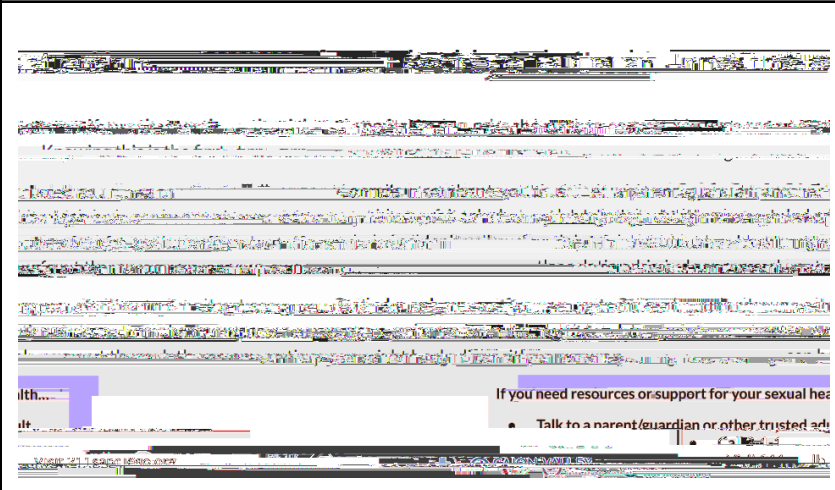


Share these examples and have students add examples to their list of red flags.

How do I get out of different types of



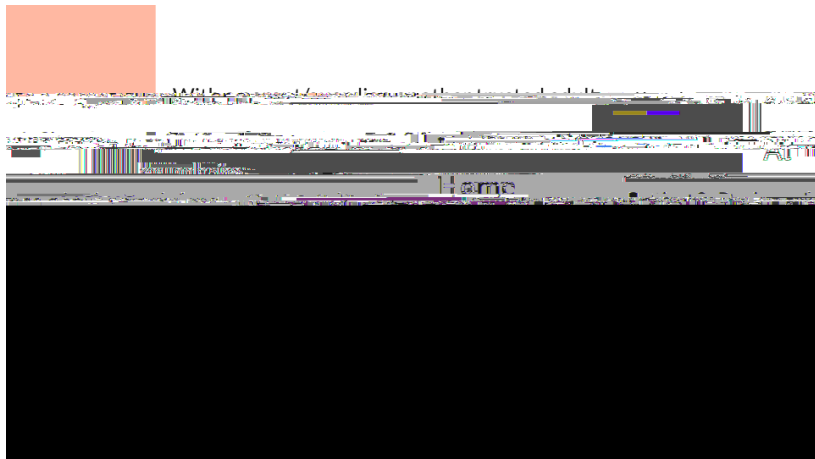
Introduce students to steps to get out of a relationship they don't want to be in, one that is non-threatening



Review these steps to get out of an unhealthy, dangerous relationship. Emphasize the importance of confiding in a parent/guardian or other trusted adult.



Provide time for students to describe the role of consent and boundaries as part of a healthy relationship.



Remind students to continue this conversation with their parent/guardian or other trusted adult.

[How To Set Healthy Boundaries in Relationships](#)

[4 Red Flags In A Relationship – Forbes Health](#)

[5 Tips For Teens: How To Break Up With Someone You Love And Care For | BetterHelp](#)

[The Laws In Your State: California | RAINN](#)