

Cajon Valley Union School District
Triennial Assessment
Completed June 2023

In accordance with the [2016 Final Rule](#), schools must complete an assessment of their district wellness policy every three years, at minimum. The assessment must include several components:

1. Comparison of the district's School Wellness Policy to a model policy;
2. Measurement of the extent to which the district is in compliance with the policy;
3. Description of the district's progress toward achieving the goals described in the policy.

Knightsen Elementary used the WellSAT Triennial Assessment tools and worksheets to fulfill the requirements of the Triennial Assessment. Results are detailed below.

The WellSAT 3.0 was used to compare the written policy to model standards. See the WellSAT 3.0 scores in the "Combined WellSAT 3.0 and WellSAT-I Scorecard" (attached).

The WellSAT-I was used to assess the implementation of the Local School Wellness Policy via interviews with district and school-level personnel. See the WellSAT-I scores in the "Combined WellSAT 3.0 and WellSAT-I Scorecard" (attached).

The results of the WellSAT 3.0 and WellSAT-I were analyzed and linked to one of four outcomes, detailed in the "Combined WellSAT 3.0 and WellSAT-I Scorecard" (attached). Outcomes and progress have been summarized in Worksheet #4 (attached).

1. mail:

2. fax:

3. email:

[illegible]

[illegible]

[illegible]



Federal Requirement



Learn to Control



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WORKSHEET 4: SUMMARY OF FINDINGS

This worksheet can be used to create narrative descriptions to post alongside sections from
The purpose of these narratives is to describe
share in all four sections.



SECTION 1: STRONG POLICIES AND ALIGNED PRACTICES

goals.

The District has successfully detailed and implemented wellness practices related to school meals, standards for competitive foods and beverages, physical education, wellness promotion and the implementation, evaluation, and communication of the wellness policy, in accordance with the USDA regulations.



SECTION 2: CREATE PRACTICE IMPLEMENTATION PLAN

If applicable, write a narrative below to describe how your district will create practice implementation plans to ensure full compliance with all elements of the LSWP.

Our district plans to spread awareness of the school wellness policy throughout the school to ensure that all staff are aware of the requirements we have put in place.



SECTION 3: UPDATE POLICIES

If applicable, write a narrative below to describe how the district will update its policy to include all federally required items. You may also add plans for additional policy updates if desired.

Our policy has all federally required components.



SECTION 4: OPPORTUNITIES FOR GROWTH

If applicable, write a narrative below to describe how your district will update its policy and practices to include all federally required items. You may also add plans for additional wellness goals if desired.

All federally required items are in policy, but we will utilize this scorecard to prioritize areas we find most important to make improvements to have stronger language in the areas of competitive foods, physical education, and wellness promotion.